

Download It Hurts When I Poop A Story For Children Who Are Scared To Use The Potty

Sometime in the last month, I decided the potty was not a reading station or a bath time procrastination device, but a place in which my daughter should actually pee and poop. I think it was the day she crossed her arms, stomped her foot and said... "I want to wear diapers FOREVER!!!!" In my Trauma Focused Play Therapy Association of Student Assistance Professionals of New Jersey Feb. 26. 2016 Jan Simms Puig, Ed.D. Licensed Psychologist, NJ #2992 My 3 yr old has been withholding bowel movements for 3-4 days, ever since we started potty training 4 months ago. She says her "bum hurts" or she'll say "not fun, not fun" when she is holding in a bowel movement. "Learning to use the toilet is a process that takes time. Rather than push or manipulate your child by giving him treats such as candy or a special reward for something that he will learn to do on his own, trust that he will learn when he is ready."