

Download China Study Health Book

For more than 40 years, T. Colin Campbell, PhD, has been at the forefront of nutrition research. His legacy, the China Study, is the most comprehensive study of health and nutrition ever conducted. The China Study is a book by T. Colin Campbell, Jacob Gould Schurman Professor Emeritus of Nutritional Biochemistry at Cornell University, and his son Thomas M. Campbell II, a physician. The Truth About the China Study The China Study: Startling Implications for Diet, Weight Loss, and Long-Term Health by T. Colin Campbell. New: Read Dr. Campbell's response to this review and my response to Dr. Campbell. Flaws in the Vegan Bible. The year 2006 marked an event that rocked the world of nutrition (as well as the walls of Whole Foods): the release of The China Study by T. Colin Campbell.